

STRIKEOUT TOXIC STRESS!®



THE PROBLEM

Behavioral Health is costing the U.S. economy approximately \$300 billion annually (depression, suicide attempts, drug use, loss of productivity); and another \$400 billion on issues related to physical illnesses (diabetes).



CONTRIBUTING FACTOR - ACEs

It is well documented that children who experience Adverse Childhood Experiences (ACEs) such as abuse, neglect and/or household dysfunction are more likely to have negative health outcomes as adults (depression, diabetes, heart disease, drug use, and cancer to name a few).



PREVENTION

A key to buffering against ACEs is to develop prevention programs for parents to learn about ACEs and its impact on negative health outcomes while learning positive parenting practices.

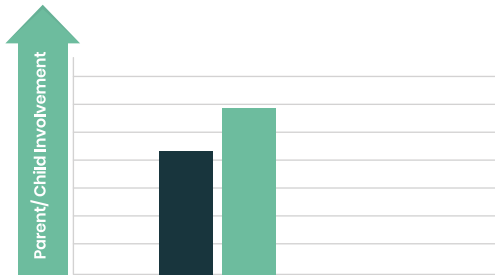


THE SOLUTION STRIKEOUT TOXIC STRESS!

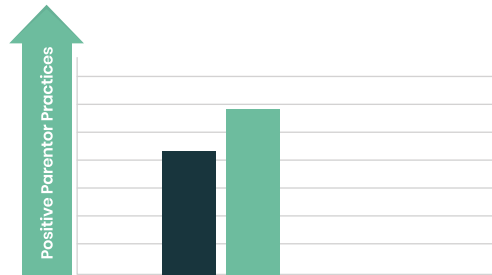
Is an Evidence - Based Prevention Model for ACEs. It is a twelve-module learning series for parents to learn about positive parenting practices and the negative health outcomes of ACEs. Below is more information about what studies revealed about the Strikeout Toxic Stress! Prevention program.

STRIKEOUT TOXIC STRESS TRAINING STUDIES REVEALED:

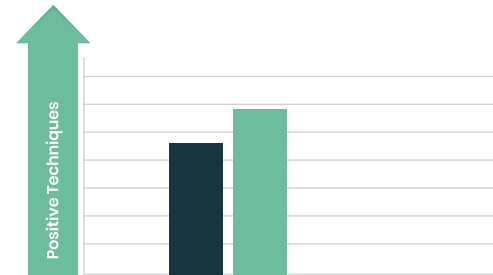
Increased parent/child involvement



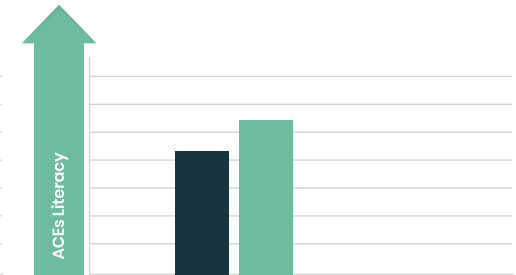
Increased positive parenting practices



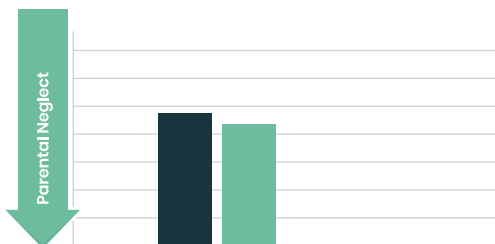
Increased positive discipline techniques



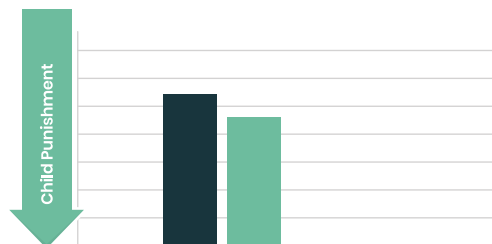
Increased ACEs literacy



Reduced parental neglect of child



Reduced child punishment



PARENT STATEMENTS:

- » This training has helped me understand how to raise healthy children physically and emotionally.
- » This training has helped me be more patient and I learned to "Think before I act".
- » This training has helped me understand the importance of listening and having patience.
- » This training has improved my communication with my children. There is a communication balance now.



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